<table>
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<tr>
<th>Monday</th>
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<th>Wednesday</th>
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<td>1</td>
<td>Winter Break</td>
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<td>School Reopens</td>
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<td></td>
<td>PTO Meeting</td>
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<td>Team BCPS Day Wear Blue!</td>
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<td>20</td>
<td>Martin Luther King, Jr. Birthday Observed – School Closed</td>
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<td></td>
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<td>Winter Concert</td>
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<td>Second Marking Period Ends SCHOOL CLOSES at 12:45 p.m. No PM Pre-K</td>
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<tr>
<td>27</td>
<td>Innocent Stolen: Protecting Our Children Online” - Adults Only 7:00 – 8:30 p.m.</td>
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Ms. Deidre Lynch  
Assistant Principal  

Mrs. Charlene Behnke  
Principal  

Mrs. Nitsa Stakias Zdziera  
PTO President
PRINCIPAL'S MESSAGE
Happy New Year to our wonderful students, parents, teachers, and staff! We hope that everyone enjoyed a relaxing and peaceful winter break. There is so much to be proud of and grateful for in our school community. We encourage you to consider being a part of our Honeygo Legacy Tree and buying a leaf that will hang in our halls for decades to come. Please see the attached information for more details about this special commemoration of our new school.

I want to remind all families that our doors do not open until 9:00am. Our teachers and staff are not on duty until that time. We have had some children dropped off prior to 9:00am and they are unsupervised and cold as they wait for 10-15 minutes out front. Please make plans to park and remain nice and warm in your vehicle until the doors open at 9:00am.

In accordance with Board of Education of Baltimore County (Board) Policy 5140, each Baltimore County public school will have a designated school attendance area. Students shall attend the school serving the school attendance area in which their parents have a bona fide domicile. Often times families move at the start of the calendar year. If your family has recently moved, please inform our school office. Families have 15 days to notify the school if the child’s place of residence changes. Failure to notify the school, if you are no longer living in the school’s area, may result in our Pupil Personnel Worker (PPW) determining your child is fraudulently enrolled and a recommendation that the student be withdrawn from Honeygo Elementary School.

We are looking forward to an exciting 2020 at Honeygo Elementary School!

Charlene Behnke
Principal
PHYSICAL EDUCATION

Happy 2020! We had a great start to the school year, and we look forward to continuing the success throughout the rest of the year.

Prior to our break, our 5th grade ballroom dance program was superb, and it was great to see the growth that our students made throughout the week. Big thanks to the Honeygo PTO, which sponsored the event for us, and for everybody that joined us on the morning of the 20th.

In January, our kindergarteners, first graders, second graders, and third graders will be refining and enhancing their throwing and catching skills. Students will then focus on learning about and improving their fitness. Our fourth and fifth graders will be evaluating their peers’ throwing and catching form to provide feedback and then participating in their Fitnessgram testing.

Colder weather is coming, but in physical education students have been working hard on their rope-jumping skills and stamina. Students worked on their rope-jumping coordination to earn ninja belts and head bands. Rope jumping is a great aerobic exercise that students can continue to practice year-round.

Even though the weather is cold and not always pleasant, please make sure your student is wearing their tennis shoes on their physical education day. If your student has an extra pair of tennis shoes that can leave in their locker, that is a great back-up for days they may forget.

Thank you for your continued support of Honeygo PE. Make sure you capture your student’s activities (dance, soccer, hiking, etc.) and share your pictures and stories on Twitter using #HoneygoWellness.

Honeygo….On the Run!!!!

Steve Ey (sey@bcps.org) and Zach Keesecker (zkeeseker@bcps.org)
Follow on Twitter @HoneygoPhysEd

READING AT HONEYGO

Our Honeygo thinkers have been doing an amazing job making inferences across all subject areas. Our focus for January is using questioning strategies while reading. Good readers and thinkers question the world around them to learn more and think deeper. Questioning is a strategy that readers use to engage with the text. Questioning techniques help the reader to clarify and comprehend what they are reading. It’s important for students to understand the various types of questions, including thick and thin questions. We want our Honeygo learners to be inquisitive and dig deep to question text and learning.

Amy Holland
Reading Specialist
Honeygo Elementary
Happy 2020 and welcome back from what we hope was a restful and fun winter break. Our monthly counseling lessons for December focused on personal safety and decision-making. Students learned age-appropriate information on body safety, neglect, and abuse prevention strategies and the importance of telling a trusted adult about uncomfortable situations. A parent letter or follow-up worksheet was sent home, and if you haven’t done so recently, we encourage you to talk with your child about safety. During the month of January, the BCPS Counselor Core Curriculum lessons focus on Character. Some of the topics covered in these lessons are whole-body listening, handling gossip and rumors, and reputations. Look for the parent letter that will come home after each lesson and ask your child about what they learned. As always, please contact us if you have any questions or concerns regarding the emotional health of your children.

Happy New Year!

MRS. CARVER

Contact if you have any questions or concerns regarding

PARENT WORKSHOP

Thank you to all the parents and grandparents who voted for evening parent events that you would be interested in attending. Based on your responses, the first parent evening presentation will be on internet safety. It is scheduled for Monday, January 27, 2020, from 7:00 – 8:30 PM in the school library. The presentation is “Innocence Stolen: Protecting Our Children Online,” presented by Mr. Vince DeVivo from the US States Attorney’s Office, District of MD. According to Mr. DeVivo, “The presentation informs adults about how best to protect young people from negative and criminal influences online. Topics include social networking, cyber bullying, sexting, and internet predators. The program provides prevention and intervention strategies and internet safety resources.” We will be sending home a registration flyer when we return from winter break, so please look for this paper so you can sign up. Child care will be available for school-aged students. If you have any questions, please contact Mrs. Carver or Mrs. Connolly.


They are typical behaviors of quick-to-anger children. But don’t forget that anger isn’t always displayed as an outburst—some kids hold their intense feelings inside. Unreleased anger and pent-up frustrations can lead to anxiety and even depression. Your first step to helping your child is to recognize the signs that your child may have anger issues.

Here are 5 tips to help your child manage their anger:

1. Develop a feeling vocabulary: help your child identify feelings through words to express their emotions in a more appropriate way.

2. Use self-talk: help your child develop a positive statement they can say to themselves such as, “I can handle this.”

3. Go to a calm spot: help your child find calming activities to do in a safe spot.

4. Tear your anger into little pieces: tell your child to draw or write what is upsetting him on a piece of paper. Then tear it into little pieces and “throw the anger away.”

5. Teach: “Stop and breathe”: Show your child how to inhale slowly to a count of five, pause for two counts, and then slowly breathe out the same way, again counting to five.

http://micheleborba.com/7-sure-fire-solutions-to-help-kids-control-their-anger/

VOLUNTEER APPLICATIONS

If you haven’t completed the BCPS volunteer application and training, please don’t wait until the week or day when you would like to chaperone a field trip or help in your child’s classroom. It takes several days to review the applications, so they cannot be turned in the day you would like to volunteer. Volunteers must complete a new application each year for each school they would like to support. Please send both your completed application and training certificate to Mrs. Carver. After it is reviewed, your name will be added to our Approved Volunteer list. Feel free to contact Mrs. Carver if you have questions about the application or training at wcarver@bcps.org or 443-809-8606.
Thank you!!

The students in Honeygo Gives Back had a very busy December and would like to thank everyone for the support of their two main projects, the Food Drive and The Giving Tree. The food that was collected was picked up by the Community Assistance Network on Wednesday, December 18. When they weighed our donations, we had collected 1,101 pounds of food! The C.A.N. employee who picked up the food told Mrs. Carver what a big help this food will be for needy families in Baltimore County.

The Giving Tree was filled with new gloves, mittens, hats, scarves, and socks. All of the items were sorted and counted on December 13th. The totals are below:

- Hats and Scarves = 63
- Gloves and Mittens = 157
- Socks = 80 pairs

The items from the Giving tree were scheduled to be delivered to the Eastside Family Shelter at Franklin Square on Monday, December 16th but due to the snow day, we are rescheduling for a date in January.

We are very excited to be off to such an ambitious start and we appreciate your support.

NEWS FROM THE HEALTH SUITE

Welcome to 2020! I hope the break provided some time to relax, enjoy family time, and recharge. The New Year is a great time to start new habits. Consider the following:

Did you know that one of the fastest rising public health problems in our nation is obesity? It is hard to believe that in the past twenty years the percentage of overweight children has almost doubled, and the percentage of overweight adolescents has almost tripled. An astounding thirty-two percent of children and adolescents are overweight or obese, putting them at increased risk for chronic diseases like hypertension, type 2 diabetes, and cardiovascular disease.

There is always information in the news about the importance of including physical activity in our daily lives. The Surgeon General recommends adults to participate in moderate physical activity for at least 30 minutes, five or more days per week or vigorous activity for at least 20 minutes, three or more days per week for health benefits. The difference between moderate and vigorous physical activity is that with moderate activity, you can talk while performing it and with vigorous activity, you will find it harder to talk.

Start to make physical activity a regular part of family life. Studies have shown that lifestyles learned as children are much more likely to stay with a person into adulthood. There are multiple physical as well as mental benefits to physical activity. Get moving and enjoy this beautiful weather.

Some suggestions to help you add physical activity into your family’s routine are included on the attached 40 Tips for an Active Family.

### 40 Tips for an Active Family

<table>
<thead>
<tr>
<th>Cut out each tip below. Place in a bag/box. Have your children draw from the jar each night to help plan the family’s activity for the next night! Go for a family walk or bike ride.</th>
<th>Shoot hoops</th>
<th>Play catch</th>
<th>Try roller blading</th>
</tr>
</thead>
<tbody>
<tr>
<td>Try a new park in your area.</td>
<td>sign up for a run/walk promoting health</td>
<td>Plan active vacations</td>
<td>Plant a garden</td>
</tr>
<tr>
<td>Check out the library for books on family fitness and activities for kids.</td>
<td>Take a picnic</td>
<td>Take the family bowling</td>
<td>Head to the zoo, park, or putt-putt course</td>
</tr>
<tr>
<td>Create an obstacle course in your yard or living room.</td>
<td>Let your child be your personal trainer</td>
<td>Create some healthy snack ideas</td>
<td>Board game night!</td>
</tr>
<tr>
<td>Write a short, dress up and act out a play.</td>
<td>No screen time night!</td>
<td>Make crafts to give as gifts</td>
<td>Go outside! Imagination stroll, sidewalk chalk, hide-n-seek, tag, etc.</td>
</tr>
<tr>
<td>Get out the blocks, erector sets and fiddleticks to build.</td>
<td>Play Go-Fish</td>
<td>Crank up the music and dance</td>
<td>Cook dinner together as a family. Find tasks for even the little ones</td>
</tr>
<tr>
<td>Read to your children, let them read to you.</td>
<td>Go to the local pool for the day</td>
<td>Go to the driving range or batting cages</td>
<td>Find out about your local farmer's market – even during the winter</td>
</tr>
<tr>
<td>Get crazy and run during household chores.</td>
<td>Go on a nature walk and discover new things</td>
<td>Take the family out for ice cream</td>
<td>Arrange a play date with friends or neighbors</td>
</tr>
<tr>
<td>Organize a neighborhood game of kickball.</td>
<td>Clean out your closets and donate unwanted items</td>
<td>Make puppets from construction paper or old socks</td>
<td>Take a class at a local art supply store or the library</td>
</tr>
<tr>
<td>Play soccer or football.</td>
<td>Get involved in local community family activities</td>
<td>Make up a card game</td>
<td>Enroll in a recreational sport</td>
</tr>
</tbody>
</table>

Kathleen Kammann BSN, RN
School Nurse
Be Part of a Legacy

Every member of our Honeygo Elementary Community is part of something very special. Together, we built this school from the ground up! To celebrate this amazing legacy, the Honeygo PTO has designed a Legacy Tree that will be permanently displayed on the wall next to the library. This tree will honor the work and commitment of the families, teachers and staff who created the Honeygo culture.

Every child who was a student during Honeygo's Inaugural Year will be represented on the Tree through a special engraved leaf that honors their class. All Honeygo Families, Teachers and Staff are invited to purchase an engraved leaf. Each family may purchase only one leaf.

Don't delay ... these are expected to sell out quickly.

“Leaf” Your Message Behind!

Purchase an engraved leaf on the Honeygo Legacy Tree! Funds raised will be used by Honeygo Elementary School to support materials, activities and events for students. All leaves are the same size, but vary in price depending on the number of engravable lines.

Don't delay in returning the attached order form with your payment. Leaves are expected to sell out quickly!

Gold Leaf: $200
Up to Three Lines Engravable

Silver Leaf: $125
Up to Two Lines Engravable

Bronze Leaf: $75
One Line Engravable

Any questions? Please contact Nitsa Stakias Zdziera at ellie028@aol.com.

Preview of Our Honeygo Legacy Tree:

Sample Leaves:

Legacy leaves make a wonderful gift. Order form is attached!
Honeygo Legacy Tree Leaf Order Form

Purchase an engraved leaf on the Honeygo Legacy Tree! Funds raised will be used by Honeygo Elementary School to support materials, activities and events for students. All leaves are the same size but vary in price depending on the number of engravable lines.

Legacy leaves are expected to sell out quickly. Order forms and money must be received in order to secure your leaf. Any order forms and payment received after Noon will be counted in the next day’s collection. The HES PTO Facebook Page will be used to post updates on the number of leaves left at each level. In the event that leaves are oversold on any given day, a drawing will be held to select which families will be able to purchase the leaves.

**Gold Leaf: $200**
Up to Three Lines Engravable
32 Available

**Silver Leaf: $125**
Up to Two Lines Engravable
60 Available

**Bronze Leaf: $75**
One Line Engravable
100 Available

YES! Please reserve my Legacy Leaf. My engraved message is*:

Line 1: IN HONOR OF

Line 2: (21 characters)

Line 3: Silver & Gold Only
(27 characters)

Line 4: Gold only
(17 characters)

*Message is limited to the number of character boxes indicated. Spaces count as a character. All text must be supportive of our Honeygo Mission and Vision, as well as the school system’s educational goals. Final decisions regarding edits or changes to text are at the discretion of the Honeygo Elementary PTO Legacy Tree Committee.

Leaf Color: ____________________________  Cost: ____________________________

Parent Legal Name: ____________________________________________

Email Address: ________________________________________________

Phone Number: ________________________________________________

Student’s/s’ Name/s: ____________________________________________

Student’s/s’ Teacher/s: ____________________________________________

Check or Money Order only! Payable to Honeygo Elementary School.
Honeygo Elementary Winter Dance

Our Second Snow Ball

Nothing warms the winter chill better than burning up the dance floor!

Pizza, Snacks & Hot Cocoa, Water Available for Purchase

Friday, January 24th
6:30 - 8:00 p.m.
The Honeygo Cafe

All children must be accompanied by an adult for the entire length of the this event.

Pre-sale Admission $3.00 each, adults & children
Presale purchases must check in at the door.

Admission @ Door $5.00

Complete, cut off, and return to your teacher or Mr. E with payment.

Yes, I would like to pre-pay for admission to the Snow Ball on January 18th.

Number of people attending _________ x $3 ea = $___________.

Student’s Name: _____________________________

Grade: _________ Teacher: _______________________

Please return this form with your payment by January 22nd, thank you!

Proceeds to benefit our musical, Disney’s The Lion King, Jr.
HONEYGO ELEMENTARY SCHOOL

Monday, January 27, 2020
7:00-8:30 p.m. In Our Library

“Innocence Stolen: Protecting Our Children Online”
Adults Only

Open Door will be providing childcare for children ages 5 and older.

“Keeping Your Children Safe as They Navigate the Internet and Social Media”
presented by Vince DeVivo
Community Outreach Specialist - US Attorney's office, District of MD

Please complete the RSVP below and return to school by Monday, January 20th so that Open Door can staff according to the number of students attending and we can know how many adults are attending as well.

RSVP by January 20th

Student’s Name: ___________________________ Age: ______
______________________________ Age: ______
______________________________ Age: ______

Number of Adults attending this presentation: ____________

Engage, Educate, Empower